

Beormund Primary School Newsletter

November 2020



"Working in partnership to inspire learning, empower individuals and enrich the community of the future"



Our school values are: *Empathy, Honesty, Integrity, Perseverance* and *Resilience*. They are also the names of our five class teams.

Please don't forget to submit your nomination to become a Parent/Carer Governor at Beormund. We need passionate people who support our school and ask challenging questions. Closing date is Monday 16th November

And so we begin Lockdown 2...

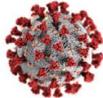
The Collins Dictionary has this week named Lockdown as the word of the year for 2020. As I type, we are currently in the midst of Lockdown2. Lockdown means many things to different people and can often evoke (bring about) a range of emotions – good and bad. During this Lockdown, all children can come to school safely and our doors are open. Last week children have been discussing the effects of the Coronavirus and what that means to them and their families:



Classes were asked to think together:

The impact of the Coronavirus:

The impact of Lockdown on our lives:



<i>Losses</i>	<i>gains</i>
<ul style="list-style-type: none"> <input type="checkbox"/> No PlayRoom, Horseshedding or swimming <input type="checkbox"/> Not being able to see family and friends <input type="checkbox"/> No football club. No Judo club. <input type="checkbox"/> Cannot go my friend's house. <input type="checkbox"/> Feeling ill. <input type="checkbox"/> Death of people we know. <input type="checkbox"/> Money. <input type="checkbox"/> Worrying. <input type="checkbox"/> Not able to see other children and adults in Bubbles. <input type="checkbox"/> We have to have separate playtimes. <input type="checkbox"/> My mum worries about money 	<ul style="list-style-type: none"> <input type="checkbox"/> Protective of others. <input type="checkbox"/> Time with family. <input type="checkbox"/> Time to learn specific things. <input type="checkbox"/> More time spent at home <input type="checkbox"/> Able to play with more toys at home. <input type="checkbox"/> Missed school – it's good to be back.



We continue, as a school, to follow Government Guidance and Public Health Advice. All classes continue with their regular handwashing routines and we function in Bubbles to restrict close contact and risks of infection. This month's newsletter contains help and support related to Covid-19 which we hope that you find useful.



Please also click on the link to find the council's webpage and support available for all parents and carers in our community:

<https://www.southwark.gov.uk/health-and-wellbeing/public-health/for-the-public/coronavirus/resources-for-parents-and-carers>



Don't forget: This Friday is PLP Day & school is closed



This week's PLP day will be held slightly differently with many of you meeting your child's teacher virtually. All Zoom links have been emailed out to you. Texts have also been sent direct to your phone. All you now need to do is click on the link at your allocated time.

As we've clearly stated, it's so important for you to spend quality time talking about your child to discuss their learning and their behaviours which impact on their ability to learn.

Every child at Beormund has a Personalised Learning Plan with their own individual targets set according to their likes, needs, capabilities and interests. The meeting should provide practical ways for you to support your child at home.

We expect full attendance and welcome children to sit alongside you during the meeting too. It's so powerful for them to see Home and School working positively together.

Maintaining regular contact with school:

Please use your class email addresses to stay connected with your class team. You can share significant events, send photos, highlight issues at home, share disagreements that may have taken place or note how much sleep your child has had last night – anything that may affect your child's mood back in school.

The team emails are:

empathyclass@beormund.southwark.sch.uk

honestyclass@beormund.southwark.sch.uk

integrityclass@beormund.southwark.sch.uk

resilienceclass@beormund.southwark.sch.uk

perseveranceclass@beormund.southwark.sch.uk

Achievement at Beormund.

Every Monday children are nominated by their class teams for a Headteacher's Award. This might be related to their effort and perseverance shown to a task, how they participated in a lesson or how they interacted with others. It might also be for the personal qualities a child displays like thoughtfulness, honesty, integrity and leadership.

Here are the children who were recognised in October:



Headteacher's Assembly Week Six

Monday 12th October 2020

- Chanaye** for being consistently polite, positive and hard working, a joy to teach.
- Stanley** for managing his feelings and making good decisions throughout the week.
- Kayde** for writing an excellent informal letter to his year 6 mentor.
- Farhan** for sitting sensibly during assembly



Headteacher's Assembly Week Seven

Monday 19th October 2020

- Stephen** for mastering multiplication in Maths
- Finlay** for an outstanding week and being resilient
- Janeiro** for staying focused in lessons and making excellent progress throughout the week
- Zak** for taking pride in his work
- Farhan** for trying hard to focus and stay on task



Congratulations - a text has been sent home too



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Headteacher's Assembly Week Eight

Awards for last half term (Autumn 1)

- Justin** for giving such thoughtful contributions to our Black History discussions
- Charley** for outstanding work in English
- Stanley** for continuing to be a good role model for his peers
- Zakcai** for writing an excellent acrostic poem on cars
- Farhan** for completing a wonderful piece of writing during literacy



Congratulations - a text has been sent home too



Find New Ways of Moving Forward

<https://www.actionforhappiness.org/calendars>

ACTION CALENDAR: NEW WAYS NOVEMBER 2020

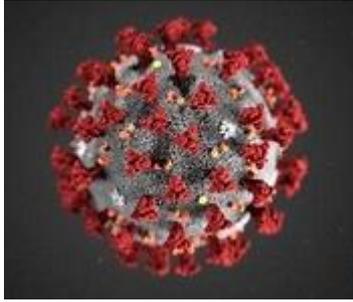
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Make a list of new things you want to do this month.	2. Respond to a difficult situation in a different way.	3. Get outside and observe the changes in nature around you.	4. Sign up to join a new course, activity or online community.	5. Change your mental routine today and notice how you feel.	6. Give yourself a boost. Try a new way of being physically active.	7. Be creative. Cook, draw, write, paint, make or imagine.
8. Find out something new about someone you care about.	9. Plan a new activity or idea you want to try out this week.	10. When you feel you can't do something, add the word "yet".	11. Be curious. Learn about a new topic or an inspiring idea.	12. Overcome a frustration by trying out a new approach.	13. Choose a different route and see what you notice on the way.	14. Find a new way to help or support a cause you care about.
15. Go outside and do something playful - walk, run, explore, relax.	16. Look at life through someone else's eyes and see their perspective.	17. Try a new way to practice self-care and be kind to yourself.	18. Connect with someone from a different generation.	19. Broaden your perspective: read a different paper, magazine or site.	20. Make a meal using a recipe or ingredient you've not tried before.	21. Learn a new skill from a friend or share one of yours with them.
22. Find a new way to tell someone you appreciate them.	23. Set aside a regular time to pursue an activity you love.	24. Share with a friend something helpful you learned recently.	25. Use one of your strengths in a new or creative way.	26. Tune in to a different radio station or TV channel.	27. Enjoy new music today. Play, sing, dance or listen.	28. Give a friend something they'll love and find out why they love it.
29. Discover your artistic side. Design your own Christmas cards!	30. Look for reasons to be hopeful, even in difficult times.					

"You never know what you can do until you try" ~ C. S. Lewis

ACTION FOR HAPPINESS www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/time-ways-november Keep Calm - Stay Wise - Be Kind

Talking to your child about the Coronavirus



We all react differently to significant events. Some people may feel worried, some curiously excited, others may appear disinterested or feel nothing much at all. Be reassured that different reactions are all ok and normal.

Generally, children will be aware of what's happening, but may not have all the facts they need to understand it. Talking together about events is an important process.

When to have a conversation, what you say and how much to tell, will depend on your child's age, their stage of development and your child and family's circumstances. There's no single 'correct' way to talk with children about coronavirus (nor many other difficult or sensitive topics), but the following tips may help.

Be led by your child

It could be that they're not interested at the moment or want to know everything all at once. Talk to your children, listen and answer their questions.

Remember to keep things positive and give children hope

For example, you can tell children that many people are now working to make this better and that even though it's serious, everyone is doing their best to help people.

Try to answer any questions honestly but keep things in context (eg "Sadly, some people do die, but most people will recover. Children don't seem to get as ill with it as adults do").

Give positive messages about everything you're doing as a family to help keep yourselves safe and protect others, such as following the rules about hygiene and social distancing.

Give them an opportunity to talk about their feelings

Our instinct might be to 'make it all better', but it's normal to feel scared, sad and angry in the face of what's happening. Tell them that what's happening is not normal but that their feelings are.

Keep explanations appropriate for their level of development

Young children up to about age seven will need very simple explanations that relate to their own experiences. Explain that, like other germs, coronavirus can spread between people and make them ill. But because coronavirus is new, we don't know everything about it yet. So we need to take more care and things might be a bit different for a while.

Children around 8 to 12 years are likely to want to know more. They may have heard partial explanations and filled in the gaps themselves with their own ideas. So check what they already think they know. If needed, correct what they misunderstand and reassure them.

Teenagers will be able to understand similar information to adults. They will need calm, factual information and opportunities to talk through their worries and disappointments.



Attendance

Attendance figures have a huge impact on children's academic achievements and attainment. The Government expectation is that all children achieve 95% attendance.

Attendance Data for October 2020		
	Number of children	Average attendance %
Perseverance Class. Years 2 & 3	5	85.71%
Integrity Class. Year 4 & 5	6	90.20%
Resilience Class. Year 4 & 5	6	72.83%
Honesty Class. Year 6	8	87.50%
Empathy Class. Year 6	7	96.61%

Congratulations to Empathy class

100% attendees are learning every day:

Well done and Congratulations to Farihan, Aidan, Finlay, Kyle, RaineeMae, Samuel, Stephen, Justin, Janeiro, Dylan, Charley, Cavalli and Adijah. All children will be commended for their commitment to school and have earned an additional 1000 Shillings to spend in Shillings World. Please note that any CAMHs and any other medical appointments are not included as an absence.

RM Maths

Children are beginning to spend more and more time using RM Maths. This is a personalised programme where all children will work at their own level and at their own pace. It covers the whole of the Maths National Curriculum and sessions are 10 minutes long.

If your child asks for screen time in the evenings, you can agree a set amount of time *AFTER* they have completed their RM Maths each day.



<https://www.rmeasimaths.com/>

<https://beyondbeormund.co.uk/rm-maths-leaderboard>



Do you have a Twitter account? Twitter is a fantastic way to keep in touch with the school. We may tweet pictures of children participating in lessons, showcase their learning and share some of the children's thoughts, ideas and quotes too. We are slowly building up a really positive set of followers and interact with other schools and professionals. We share ideas and strategies and learn for ourselves every day too. And if you're not on Twitter, then all of our posts are instantly uploaded onto the home page of our school website. Why not regularly visit the school website to keep updated.

Food Glorious Food

Have you ever walked along Borough High Street towards Elephant and Castle and found **Mercato Metropolitano?**



It's a food market not far from our school and can be found at:

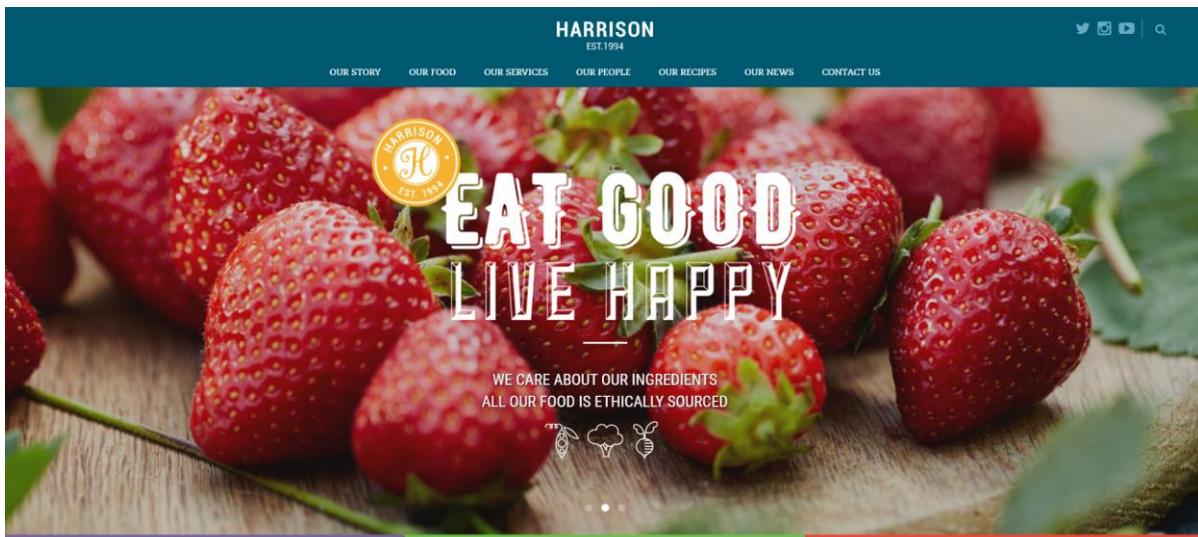
**MM Grocery, Elephant & Castle 42
Newington Causeway, London SE1 6DR**

Throughout lockdown they will be providing **FREE food bags for all families in Southwark** and surrounding areas as part of their **CoMMunity Meals program**.

This happens every Tuesday and Thursday from 11am (November 9th - December 3rd) at a first come, first serve basis. Collection only

They welcome any family with children that may be struggling during lockdown and state "Please come along and collect a food bag."

Food



School Lunches are provided by Harrison's Catering Company. Please check out this terms menu on our school website. <https://beormundschool.co.uk/lunch-menu>

Beormund is a **NUT FREE** school.

School Uniform at Beormund. “When children look smart, they think smart”

“When children look smart, they think smart”. Beormund Primary school children wear yellow polo t-shirts and navy-blue jumpers – both have the school emblem. Both items can be purchased from the school office. We buy in bulk to ensure that, where possible, we can keep the cost of our uniform low for our families. Children are then expected to wear plain black, navy or dark grey bottoms. This may be smart trousers, skirts or tracksuit bottoms. All children wear plain black shoes or trainers. With all children wearing the correct uniform it illustrates a sense of togetherness and identity

On PE Days, children now wear their Sports clothing to school. There will not be a facility or time set aside to get changed for PE. Children are expected to wear a plain navy t-shirt and plain navy bottoms – with no logos or emblems. Again, the expectation is for plain black trainers.

PE days at Beormund are:

Perseverance Class (Yrs 2&3): Tuesday and Fridays

Integrity Class (Yr 5): Tuesday and Fridays

Resilience Class (Yr 5): Tuesday and Fridays

Honesty Class (Yr 6): Tuesdays and Thursdays

Empathy Class (Yr 6): Tuesdays and Thursdays

NOTE: At the moment no classes are attending swimming lessons due to Covid-19 as our teaching pool is currently closed.



Remember: children are to come into school wearing their PE kit on PE days now. Children cannot change into their PE kits during the school day.

Dates for your diary:

PLP day: Friday 13th November. We are looking forward to meeting with ALL parents and carers this week.

Click here to access the school calendar on the website: <https://beormundschool.co.uk/calendar>

We hope that this new mobile format makes it easier for you to read if you are using your phone. Please contact the school office if you would like a paper copy sent home in your child's Book Bag.

All policies, including our Safeguarding and Behaviour policies, can be found on the school website. Paper copies of all our policies are available to our families upon request. Please email the school office (office@beormund.southwark.sch.uk) or call on 0207 525 9027 and all relevant documents will be collated and sent to you.