

Beormund's Physical Education and Sport Policy

RATIONALE

The school believes that physical education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical development and well-being. A broad and balanced physical education curriculum is intended to provide for pupils' increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. Progressive learning objectives, combined with sympathetic and varied teaching approaches, endeavour to provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils. Through the selection of suitably differentiated and logically developed tasks, it is intended that pupils, irrespective of their innate ability, will enjoy success and be motivated to further develop their individual potential.

A balance of individual, paired and group activities, in co-operative, collaborative and competitive situations, aims to cater for the preferences, strengths and needs of every pupil. Such activities, experienced within a range of areas of activity, aim to promote a broad base of movement knowledge, skills and understanding. They are also desirous of developing a pupil's ability to work independently, and to respond appropriately and sympathetically to others, irrespective of their age, gender, cultural or ethnic background.

The activities offered and the differing teaching approaches adopted seek to provide pupils with opportunities to develop their creative and expressive abilities, through improvisation and problem-solving. Pupils are encouraged to appreciate the importance of a healthy and fit body, and begin to understand those factors that affect health and fitness and wellbeing.

CURRICULAR AIMS

- To develop skilful use of the body, the ability to remember, repeat and refine actions, and to perform them with increasing control, co-ordination and fluency. (Acquiring and developing.)
- To develop increasing ability to select, link and apply skills, tactics and compositional ideas. (Selecting and applying.)
- To improve observational skills and the ability to describe and make simple judgements of their own and others' work, and to use their observations and judgements to improve performance. (Improving and evaluating.)

- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising. (Knowledge and understanding of fitness and health.)
- To develop the ability to work independently, and communicate with and respond positively towards others. (Working alone and with others.)
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being.

EQUAL OPPORTUNITIES AND INCLUSION

Activities are made available to all through differentiation in teacher planning. All members of staff have copies of the Inclusion Spectrum. It is the policy of Beormund Primary School to ensure that every child receives an personalised learning opportunities within PE activities, regardless of race, gender, ability Special Educational Needs or disability (SEND).

SPECIAL NEEDS

All our children have an Education Health Care Plan (EHCP) so this is used during planning to ensure lessons are differentiated with appropriate support allocated.

GIFTED AND TALENTED

Staff ensure that there are adequate opportunities for Gifted and Talented children and these are noted within planning. Pupils who are Gifted and Talented within PE are offered the same curriculum as all other children however. They are also given the opportunities to compete against other schools and where possible, they are given the opportunity to join clubs

TIME ALLOCATION

Beormund Primary School is working towards providing all pupils with at least 2 hours of high quality PE & school sport, through the curriculum and extra-curricular opportunities activities.

NB: This does not include time spent using the outdoor play equipment, daily active playtimes or extra- curricular opportunities.

THE PE CURRICULUM

Children will be expected to participate in the full range of activities in the physical education curriculum.

At KS1 pupils are taught knowledge, skills and understanding through the following areas of activity:

- Running
- Jumping

- Throwing
- Catching
- Agility, balance and co-ordination (ABC)
- Participate in team games
- Develop simple tactics for attacking and defending
- Perform dances using simple movement patterns
- Swimming and water safety
- Games

At KS2 pupils are taught knowledge, skills and understanding through the following areas of activity:

- Gymnastics
- Dance
- Games
- Athletics
- Problem Solving/Outdoor and Adventurous activities
- Multi Skills or real PE
- Swimming and water safety

Some children will access the pupil leadership training. They will promote and support parts of the PE curriculum to their peer group.

CONTINUITY AND PROGRESSION

Children will have the opportunity to represent the school with various inter borough competitions.

Children and families will be made aware of outside sports and clubs as provided by the LPESSN package via our website.

<https://beormundschool.co.uk/files/SouthwarkClubsList.pdf>

ASSESSMENT OF ATTAINMENT

The LPESSN have devised a new bespoke assessment package to track, monitor and develop the children's skill and aptitude in PE.

MONITORING AND EVALUATION

Planning is monitored and lesson observations made by the PE subject leader in collaboration with other SLT members.

Additional interventions may be used to support children that are under achieving in PE.

Regular feedback and questioning from the PE coaches help to ensure that the planning meets the needs of relevant children

The PE Subject Leader annually evaluates the subject as a whole and prepares a new development plan.

EXTRA CURRICULAR AND PHYSICAL ACTIVITY OPPORTUNITIES

The purpose of extra curricular activities is to:

- Extend children's learning
- Raise standards in PE
- Provide for all abilities
- Encourage fitness for life and increase daily physical activity Provide opportunities for inter / intra school competition (festivals, leagues etc.)

LUNCHTIME/PLAYTIMES

Our current play provision forms part of the PE & sports action plan. Our focus is of providing opportunities for the children to participate and develop skills in a wide variety of sports beyond football. We aim to utilise the knowledge, experience and qualifications of our existing team.

LEADERSHIP OPPORTUNITIES THROUGH ACTIVITY

Children have the opportunity to receive training as sports leaders. Children will also have the opportunity to mentor members of the school community.

SCHOOL-CLUB LINKS

Parents and carers will be notified of local clubs as provided by LPSSN

<https://beormundschool.co.uk/files/SouthwarkClubsList.pdf>

SPECIAL EVENTS

We have termly inter school swimming galas and celebrate our sport achievements in the summer term with an athletic and fun sports day.

SAFETY

Class teachers and adults others than teachers are responsible for the safety of the children in their care.

- PE kit and jewellery rules are understood by the children and are enforced
- The teaching area and equipment are assessed for safety prior to a lesson
- Children are taught how to safely get out, carry, use and put away equipment- no pupils are allowed in the equipment store unsupervised
- Coaches and supporting staff are making dynamic risk assessments throughout the session.
- Any problems with unsafe or damaged equipment are reported to the PE Subject leader or the School Business Manager/Premises Manager
- Accidents should be logged in the accident book and parents should be informed when necessary. The admin office should be notified and the details recorded on Behaviour Watch
- Staff are aware of the fire procedures when leaving the hall
- Staff, AOTTS and children should be aware of emergency procedures at the swimming baths
- In addition, the large gymnastics apparatus is inspected annually by an outside body.
- Children must wear specified PE kit. Tracksuits (or similar clothing) is permitted for outdoor PE in cold weather. Trainers are worn outdoors and for specified indoor activities such as skipping or line dancing. Children have bare feet for gymnastics and most dance activities.
- Long hair should be tied back.
All jewellery including watches must be removed. A child with newly pierced ears will be asked to cover them with tape for the first 6 weeks, then they must be removed for the lesson. (Ears covered with tape)
Staff should make a dated note of children not taking part in a PE lesson, for whatever reason. Repeated forgetting of PE kit results in a letter home, phone call and / or a meeting with parents.

RESOURCES AND EQUIPMENT

The PE Subject Leader makes an annual audit of equipment and resources, providing an up-dated list to staff. All lost or damaged resources need to be reported to the PE Subject Leader.

THE LEARNING ENVIRONMENT

You may wish to detail the range of facilities that you have in school and that you access off site.

STAFF DEVELOPMENT

We buy into the LPESSN continuing development programme.

CURRICULUM LINKS

Whilst retaining its unique contribution to a pupil's movement education, PE also has considerable potential to contribute to much wider areas of learning. As well as dance themes reflecting topics, links can be made to other areas of the curriculum such as:

- ICT (Information, Communication Technology) performances recorded using photography and video for use in self-evaluation and demonstration of good practice, or for visual stimuli
- PSHE (Personal, Social and Health Education) – leading, managing, co-operating and decision making skills - an integral part of PE
- SCIENCE – planning, predicting and testing ideas; health and fitness – learning about the body
- LITERACY – asking relevant questions; communicating ideas; listening skills
- NUMERACY – counting, measuring, calculating – distance, time, repetitions.