

Who's who?

Lewis Murphy is a Music Therapist, with a Masters degree in Music Therapy from Nordoff and Robbins, validated by Goldsmiths, University of London.



Lewis also works as a Music Teacher and Composer, specialising in writing operas for young people.



Music Therapy



What is Music Therapy?

Primarily, Music Therapy is interactive music making that aims to promote the children's health and well-being. Sessions may be one-to-one or in groups, and may involve improvisation, singing, playing instruments or song writing.

The Music Therapist may also help with the preparation of performances around the school and in the local area.

What are the benefits?

Music Therapy can help children develop and improve their:

- Communication skills
- Confidence in their own abilities
- Flexibility in dealing with new experiences
- Emotional regulation
- Motivation
- ...and so much more!

Participation in Music Therapy does not require any music training or experience. Children are encouraged just to be themselves!

More info

Sessions normally last around 30 minutes, for one-to-one, or an hour for groups.

Referrals can be made by class teams to the Deputy Head, if there are particular children for whom Music Therapy may be an effective intervention.